



KAREN GILBERT
PERFUMERY & NATURAL BEAUTY

MOISTURISER FOR COMBINATION SKIN USING OLIVEM 1000

OIL PHASE (75-80 degrees)

3g Thistle Oil
5g Jojoba Oil
4g Olivem 1000

WATER PHASE (75-80 degrees)

3g Glycerine
0.25g Konjac Powder (or 0.5g Xanthan Gum)
80g Water (or flower water)

COOLING PHASE (under 40 degrees)

2g Hyaluronic Acid
1g Vitamin E
1g Preservative (or according to manufacturers instructions)
10-20 drops Essential Oil of your choice

METHOD

- Heat oil phase ingredients in a double boiler until they reach 75-80 degrees
- Boil water and stir in glycerine
- Sprinkle konjac/xanthan over water whisking to ensure no lumps
- Pour into a second double boiler and heat until it has reached 75-80 degrees
- Once both oil and water phase reach the same temperature, pour oil phase into water phase whisking gently for 2 minutes
- Remove from heat and stir until cool (allow to cool naturally whilst stirring continuously - v. important with Olivem 1000)
- Once under 40 degrees stir in other ingredients
- Pour into a jar or preferably a bottle with a pump dispenser